

Gold Card Club

Newsletter For OUR D214 Older Adult Residents



Spring 2015

Annual Senior Celebration Day moved to September 24



Fall Fun Day

Plan a day out to get to know the friendly therapy dogs and avail of free health screenings and so much more at the next annual Senior Celebration Day now in September in Arlington International Racecourse. Same event plus so much more!

Save the date and mark your calendars!

The 27th Annual Senior Celebration Day will now be held on Thursday, September 24, at Arlington International Racetrack.

The four-hour event will start at 11:30 a.m. to 3:30 p.m. The change in date breaks the long-standing tradition of holding the event in May. The new September date will continue to offer the same free health screenings, informative exhibits, and much more. The

Mt. Prospect Lion's Club will be back this year to provide hearing screenings.

The new date coincides with the park's Value Day every Thursday in July-September when seniors get additional admission and lunch discounts.

Last year's event welcomed close to 80 exhibitors, several free health screenings that included blood pressure, posture, gait and balance, fall prevention, senior fit test and balance, podiatry screening, and the

very well-received animal therapy.

The Illinois Secretary of State was on-site for anyone who wanted to renew their driver's license or get a photo ID. It will be back this year.

The event's planning committee, with over 20 member organizations and led by District 214 Community Education, is working very hard to make this year's event successful. For ticket information, please check with your senior centers, park districts and Community Education closer to the event.

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Your School Connection

The following events are scheduled at our schools in April, May and June 2015. Your Gold Card is your ticket for free admission. Be sure to bring your Gold Card with you to the performances so you can show it at the ticket office. Please call our office at 847-718-7700 to reserve your seats for all events. Events that show an asterisk (*) have limited seating.

All reservations must be made at least one week in advance of the performance.



Buffalo Grove High School 1100 W. Dundee Road, Buffalo Grove, IL

Tuesday, April 14	Avenue Q - School Edition (Musical)	4:00 PM
Tuesday, May 5	Expressions Big Show	4:00 PM
Thursday, May 14	Spring Orchestra Concert	7:00 PM
Tuesday, May 19	Spring Choral Concert	7:00 PM
Wednesday, May 20	Spring Jazz Band Concert	7:00 PM
Thursday, May 28	Senior Honors Band Concert	7:00 PM



Elk Grove High School 500 W. Elk Grove Blvd., Elk Grove Village, IL

Thursday-Saturday, April 16-18	Variety Show	7:00 PM
Friday, May 8	Dance II Mini Concert	7:00 PM
Wednesday, May 13	Percussion Madness	7:00 PM
Friday, May 15	Vocal Jazz Pops Concert	7:00 PM
Saturday, May 16	Jazz Showcase	7:00 PM
Wednesday, May 20	Spring Choir Concert	7:00 PM
Friday, May 22	Spring Orchestra Concert	7:00 PM
Thursday, May 28	Fine Arts Awards Night	7:00 PM



John Hersey High School 1900 E. Thomas St., Arlington Heights, IL ***Limited Seating**

*Friday, April 10	Orchestra Pop & Pretzel	7:00 PM
Wednesday, April 29	Mary Poppins (Musical)	4:30 PM
*Sunday, May 3	Spring Band Concert	1:00 PM
*Tuesday, May 12	Spring Choir Concert	7:00 PM
*Wednesday, May 20	Spring Orchestra Concert	7:00 PM
*Friday, May 22	Night of Percussion	7:00 PM



Prospect High School 801 W. Kensington Road, Mt. Prospect, IL

Tuesday, April 28	The Producers (Spring Musical)	4:15 PM
Tuesday, May 12	Jazz Concert	7:00 PM
Monday, May 18	Spring Choral Concert	7:00 PM
Wednesday, May 20	Spring Band Concert	7:00 PM
Friday, May 22	(K)night of Percussion	7:00 PM
Wednesday, May 27	Orchestra Concert	7:00 PM



Rolling Meadows High School 2901 W. Central Road, Rolling Meadows, IL

Wednesday, May 6	Musical Previews (Staff Night and Gold Card)	6:00 PM
Wednesday, May 13	Spring Band Concert	7:30 PM
Tuesday, May 19	Jazz Band Concert	7:30 PM
Wednesday, May 20	Choir Concert	7:30 PM
Thursday, May 21	Orchestra Concert	7:30 PM



Wheeling High School 900 S. Elmhurst Road, Wheeling, IL ***Limited Seating**

Thursday, April 30	Spring Musical	7:00 PM
Tuesday, May 12	Choir Concert	7:00 PM
*Thursday, May 14	Band Spring Awards Concert	7:30 PM
Wednesday, May 20	Spring Orchestra Concert	5:00 PM
*Thursday, May 21	Night of Jazz Concert JB 1 & 2	7:30 PM

DISTRICT EVENTS

Wednesday, April 15	Arts Unlimited Reception	FVEC	4:00 PM
Saturday, May 16	Spring Art Show	FVEC	2:00 PM

To Your Health

NCH introduces Emerald Circle

As part of NCH's ongoing commitment to better serve the older adults living in our community, NCH's Emerald Circle has a full spring schedule for adults over 62.

From senior programs and seminars to behavioral health assessments, the Emerald Circle is meeting the unique healthcare needs of seniors and helping them enjoy life to the fullest.

NCH offers a large variety of programs at the Arlington Heights Senior Center, 1801 W. Central Road, Arlington Heights, from men's groups to ask-the-nurse walk-in hours and special events covering topics, such as healthy cooking.

Upcoming program topics include healthy eating seminars, diabetes management and tobacco cessation. To register for senior programs, call the Arlington Heights Senior Center at 847-253-5532.

Among other benefits, membership in the Emerald Circle offers discounts at the hospital and Wellness Center, priority invitations to social events and educational seminars, hospital tours and a dedicated billing specialist to answer insurance and billing questions. Membership is free.

Hospital tours and other benefits

Seniors can better find their way around NCH after signing up for a hospital tour where they will learn more about the unique services for seniors and how to navigate the "ins and outs" of the hospital campus. Tours include refreshments, a question-and-answer session and guest speakers, followed by an optional half-hour walking tour focused on key areas of the hospital. Tours take place the third Wednesday each month.

Other benefits of membership include:

- Free health and wellness events at local senior centers, such as blood pressure checks and flu shots



- Free valet parking at the hospital
- Free Care Cart transportation throughout the hospital
- Membership in the senior Walkers' Club

NCH – A Senior-Friendly Hospital

NCH is committed to partnering with you to help maintain your health and well-being. Our comprehensive services for seniors are designed to provide you with the medical expertise, support and care you need to improve your quality of life. NCH is a NICHE (Nurses Improving Care for Health System Elders) designated hospital that promotes better outcomes, positive experiences and improved care for older adults.

Our nurses are Magnet certified, which means our staff is recognized for clinical excellence in caring for our patients. Only 7 percent of hospitals in the country can boast this designation. NCH has the clinical experience you need and expect in an environment that is friendly and compassionate. In fact, U.S. News & World Report has designated NCH as one of the best hospitals in the Chicago area for 2014-2015.

To sign up for the Emerald Circle, or to enroll in upcoming events or seminars, call 847-618-4968.

Travel With CET



2015 Day Trips

Call soon--these trips sell out fast!

- Jul 9 The Vikings and Andersonville
- Jul 28 Illinois River Luncheon Cruise
- Aug 2 Chicago Cubs at Milwaukee Brewers
- Aug 18 Chicago River Bridges Cruise
- Sep 9 Milwaukee's Parks, Rivers & Shoreline
- Sep 22 Kringles, A Wurlitzer & Frank Lloyd Wright
- Oct 9 Autumn on the I & M Canal
- Oct 20 Mystery Tour
- Nov 6 Historic Hotels: The Prominent Palmer House
- Dec 1 Wonderland Express, Wreaths and Wildfire
- Dec 8 Lawry's-The Prime Rib & Chicago Christmas Lights

2015 Theatre/Opera Trips (Include Lunch)

- May 13 Sense and Sensibility at Shakespeare Theatre
- Jul 15 Kinky Boots at Cadillac Palace Theatre
- Nov (date TBA) The Queen of Paris
- Dec 16 Beautiful at the Oriental Theatre
- Nov 19-22 Nashville Country Christmas

2015 Motorcoach Tours

- Jul 8-10 Amish Quilt Gardens, IN
- Jul 22-24 Mississippi River Magic
- Aug 4-6 Lake Michigan Summer Harvest
- Aug 11-13 Mini Mystery Tour to ?
- Sep 29-Oct 3 Agawa Canyon
- Oct 14-16 WI Cranberry Harvest
- Nov 9-14 Smoky Mountain Christmas
- Nov 19-22 Nashville Country Christmas

2015 Extended Tours

- June 6-13 Colorado Trains
- Jun 11-16 Pacific Northwest Explorer
- Jul 22-28 California Rail Discovery
- Aug 22-Sep 3 South Africa & Victoria Falls
- Sep 11-20 Switzerland & Italy
- Sep 15-27 Rhine River Cruise
- Sep 20-27 Southern England
- Sep 24-Oct 2 Southwest Canyon Country
- Oct 2-8 Autumn Coast of Maine
- Oct 3-18 France
- Oct 5-13 Ireland
- Oct 8-15 Autumn in the Adirondacks
- Oct 31-Nov 7 Disney for Adults
- Jan 1-18, 2016 Antarctica



*Call to make sure you are on the CET mailing list to receive up-to-date news via our CET Newsletter, **Travelin'***

CET Phone: 847-718-7709

Email: cetravel@d214.org

Website: www.ce214.org

Stop in: Forest View Educational Center, Room A105
2121 S. Goebbert Road, Arlington Heights, IL 60005

Community Education News

Navy Band is coming to Forest View for a free April 12 concert

District 214 Community Education, in partnership with The Daily Herald, is bringing the Navy Band Great Lakes Ceremonial Band to Forest View Educational Center, 2121 S. Goebbert Road, Arlington Heights, on Sunday, April 12, at 3 p.m.

The concert is free and will run for an hour. To get your tickets, clip the coupon below the ad and mail it along with a self-addressed stamped envelope to District 214 Community Education. See ad for details.

For more information or questions, please call the Community Ed office at 847-718-7700 or the Box Office at 847-718-7702.

Join us for an April 11 Honky Tonk Hoedown

Forest View Educational Center will become Honky Tonk Hoedown central on Saturday, April 11, from 6-10:30 p.m., for the annual "intergenerational" dinner-dance party.

Tickets are \$15 for adults and \$10 for students (K-12). These include dinner (with a country/western flavor in keeping with the theme), a show that will feature Cowboy Randy Erwin who will sing, yodel and perform some roping tricks, and Matt Campbell, an American troubadour who is now based in Nashville; and dancing.

The dinner-dance follows a time-tested tradition that hopes to foster understanding between generations, create and share memories together and have fun for a few hours.

Come in your country/western garb to win a prize for best in costume. Please call CE at 847-718-7700 to buy your tickets. This event is reserved seating.



NAVY BAND
GREAT LAKES
CEREMONIAL BAND

AMERICA'S NAVY

FREE CONCERT!
SUNDAY, APRIL 12 @ 3 PM
FOREST VIEW EDUCATIONAL CENTER
2121 S. GOEBBERT ROAD
ARLINGTON HEIGHTS



1. **FILL IN THIS INFORMATION for the FREE CONCERT on SUNDAY, APRIL 12, 2015 at 3 PM**

NAME: _____

ADDRESS: _____

PHONE: _____

2. **CIRCLE NUMBER OF TICKETS REQUESTED 1 2 3 4 (LIMIT 4)**

3. **CLIP AND SEND THIS COUPON WITH A STAMPED, SELF-ADDRESSED ENVELOPE TO:**

DISTRICT 214 COMMUNITY EDUCATION
Navy Band Great Lakes Ceremonial Band Tickets
2121 S GOEBBERT ROAD, ARLINGTON HEIGHTS, IL 60005

TICKETS ALSO AVAILABLE AT FOREST VIEW EDUCATIONAL CENTER



Community Education
TOWNSHIP HIGH SCHOOL DISTRICT 214

The Gold Card Club newsletter is published three times each school year by District 214 Community Education. Our office is located at 2121 S. Goebbert Road, Arlington Heights, IL 60005.

Phone: 847-718-7799

Fax: 847-718-7713

Website: www.ce214.org

Michael S. Field, Director

Nelia Bernabe, Editor

“Like” us on Facebook at District 214 Community Education and follow us on Twitter at twitter.com/CommEdd214.

**Y'all are invited to a
country/western**



HONEY TONK

HOEDOWN

Saturday, April 11, 2015

6 - 10:30 PM

**Forest View Educational Center
2121 S. Goebbert Road, Arlington Heights**

An "intergenerational" community event

presented by District 214 Community Education & our High Schools

**Come in your country/western costume and win a prize for
best in costume, win raffle prizes, learn to line dance &
much more...bring your friends!!!**



Community Education
TOWNSHIP HIGH SCHOOL DISTRICT 214

\$15 Adults \$10 Students (K-12)

Includes dinner, show & dancing

**For tickets, call the Community Ed Box Office
at 847-718-7702 Monday-Friday 9 AM - 3:30 PM**

Save the Date



27th Annual
Senior Celebration Day
Thursday, September 24, 2015
11:30 a.m. - 3:30 p.m.

**Arlington International Racecourse,
Arlington Heights**

*Same FREE event with health
screenings, exhibitors, discounted
lunch, entertainment, raffle prizes
and much more!*

For ticket information and updates, please visit www.ce214.org or check with your nearest park district or senior center closer to the date. Call Community Education at 847-718-7700 for questions.

Come and join us!



Community Education
TOWNSHIP HIGH SCHOOL DISTRICT 214

Township High School District 214
Community Education
2121 S. Goebbert Road
Arlington Heights, IL 60005
Phone: 847-718-7700
www.ce214.org



Building Learning Communities